



# Riverwoods

VILLAGE VOICE

## On the Des Plaines River: Exploring Riverwoods from a Canoe

By Johnathon Schlesinger

Seeking to better understand the Des Plaines River and its connection to the natural and human histories of our community, I paddled a section of the Des Plaines River in a canoe. Neither an experienced naturalist nor paddler, I hoped that this journey may inspire you to look at this often overlooked natural resource in a new and dare I say, more positive way.

Each year more than 2000 canoe and kayak racers from around the Midwest descend on the Des Plaines River to take part in the Des Plaines River Canoe Marathon. Starting in Libertyville, the canoe marathon covers an 18.5 mile course as it makes its way through Riverwoods to Dam #2 in Mt. Prospect. Today my goal is a bit more modest: paddle with a friend from the Rivershire Park canoe launch to the Lake Cook Road bridge, turn around, and paddle back – without falling in.

It doesn't take more than a few minutes on the water for us to realize that falling in, though possible, is highly unlikely. The same glacial forces that leveled Riverwoods and most of Northeastern Illinois condemned the river to a flat course. Over its 150-mile course from Racine County Wisconsin to Channahon, Illinois, the Des Plaines loses only a foot per mile, making it the perfect river not only for beginning paddlers but also for those looking to get away from hustle-and-bustle on land.

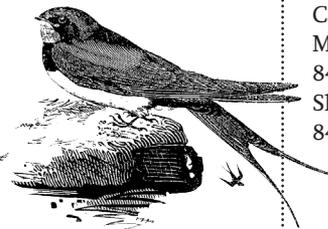
It is this latter quality that makes the river almost magical. Within five minutes of our

departure, the sounds that dominated the area around canoe launch – the hum of lawnmowers, car horns, and the din of traffic on nearby Milwaukee Avenue give way to the sounds of wood ducks, the wind, and the river itself. Buffered from the noises of man-made world, it is easy to forget that we are essentially on a cruise through one of the most densely populated areas of Illinois. Here even time seems to slow down to the pace of the river.

We pass a tawny colored doe and speckled fawn standing high above on the bank; a few minutes later, a mother Wood Duck and her babies flee as we approach. Just outside of Ryerson Conservation area, a fat beaver emerges from the trees and waddles down the bank. Many years ago the presence of this animal brought opportunistic fur trappers to the banks of the Des Plaines eager to obtain the beaver's waterproof and highly-valuable pelt. From Moscow to Rome, the demand for beaver hats remained immense for more than 200 years, helping to build the American economy and driving western expansion and Anglo-Indian interactions. Curiously, it was the mercury nitrate used in the construction of these hats that led to mercury poisoning and gave the world the expression "mad as a hatter."

Although White Green Ash, Cottonwood and Black Willow can all be found here, Acer saccharinum, the Silver Maple, is by far the most common tree along the River. For this reason, the Potawatomi Indians who hunted on and around the river called this river the She-shick-ma-wish-sippe, interpreted literally as "soft maple tree river."

Others attribute the name of the River to the French word "Plein" (flood), because of the river's pro-



Continued on page #9

All Riverwoods Board of Trustees and Plan Commission meetings are held at the Village Hall unless otherwise specified and are open to the public; residents are encouraged to attend.

### Riverwoods Village Board

1st and 3rd Tuesdays at 8pm. July 7, 21, Aug. 4, 18 and Sept. 1, and 15.

### Riverwoods Plan Commission

1st Thursday at 7:30pm. Aug. 6, Sept. 3 and Oct. 1.

GET INVOLVED  
IN RIVERWOODS

### Village of Riverwoods Senior Program

Call Nancy Morten at 847-945-3990.

### Theatre in the Woods

Call Sandy Sagan, producer at 847-945-0585.

### Riverwoods Preservation Council

Laurie Breittkopf, president at 847-945-7034. [www.riverwoodsrpc.org](http://www.riverwoodsrpc.org)

### Riverwoods Book Club

Exercise your brain. The book club is free to all and meets at the Village Hall one Friday a month at 10am.

### Riverwoods Residents Association

Call chairman John Hughes at 847-607-8402 to share your ideas or volunteer.

### Plant Sale Committee

Call chairmen Margie Kaul at 847-945-5131 or Sheila Hollander at 847-945-4879.



RIVERWOODS  
VILLAGE VOICE

Riverwoods Village Voice is published bimonthly by the Village of Riverwoods. The purpose is to provide a communication forum and information for residents. The views expressed in the newsletter are not necessarily those of the Mayor or members of the Board of Trustees.

Editor: Jackie Borchew  
Any resident wishing to become a newsletter staff volunteer please call the Village Hall at 847-945-3990 and leave your name and phone number.

SEND IN THOSE  
LETTERS!

Letters from residents and Riverwoods homeowners' associations are invited and encouraged. Preferred length: approximately 250 words or less, typed preferred. All letters must include the author's name, address and phone number. Letters may be printed, space permitting, but may be edited for grammar, clarity and length. If controversial topics are addressed, the editor will seek opposing viewpoints for balance. Deadline for the September/October Issue: August 15, 2008  
Send to:  
Editor  
Riverwoods Village Voice  
300 Portwine Road  
Riverwoods, IL 60015  
Jackie@borchew.com

## The Village Web Page

I am happy to announce that our Board of Trustees' Meetings (BOT) are now on the Village of Riverwoods web page. Just go to [www.VillageofRiverwoods.com](http://www.VillageofRiverwoods.com), on the left side of the page under "Meetings and Agendas" click on BOT Meeting Videos and you will find our most recent meeting. The meetings are on You Tube, [www.YouTube.com](http://www.YouTube.com), Riverwoods 60015, and have been put on our web page for easier viewing. The meetings are broken up into ten minute segments so you can skip what you don't want to see and view those things that are important to you.

Our first video meeting is May 5, 2009 and we go forward from there. The sound is not too good on our first 3 meetings. We learned what the problem was and as of our June 16th 2009 meeting we purchased a "shot gun mike" to improve the sound quality.

Please take a few minutes to browse our web page. On the home page you will also find a "Calendar of Events", all the issues of the "Village Voice" as far back as 2003, and any "Community Notices". If you click on the "Government" tab you will find minutes of the BOT meetings back to 2003, minutes of the Zoning Commission, minutes of the Plan Commission and information on our Municipal Code and our Woodland Protection Ordinance. Under "Finance" you can find our annual financial reports back to 2003.

If you click on the "Departments" tab you can find information on Building, Forestry, Water, Engineering and Seniors.

The "Public Safety" tab will give you information on Police, Fire and our Village-to-Resident Notification system. Please click on this tab and fill in your personal information so that we may contact you in case of emergency. We especially need your e-mail address which will be kept strictly confidential.

The next tab is the "Community" tab. Under this you will find information about the Riverwoods Residents Association (RRA) and links to neighboring communities, Lake County organizations, Schools etc.

The last tab is "News/Events" which has a calendar and repeats much of the above. If you click on "Contact" in the upper right hand corner you can find the name, phone or e-mail address for all Riverwoods Village officials and volunteers and other important phone numbers. Also under the "Contact" tab you can click on "Forms" and find all the important forms that can be downloaded, from alarm registration to site plan requirements.

Be sure to click on Forestry under the "Departments" tab. You will learn about the newly updated Community Woodland Management Program. Our new program explains the procedure by which you can have the Village Forester come to your home to give you advice and consult with you as to the proper woodland management of your property.

As you can well imagine, a great deal of thought and effort has gone into the improvement of "Village of Riverwoods" web site. It promises to be an invaluable source of information for all of our residents if they are interested in taking the time and trouble to use it. I hope you will avail yourself of this excellent opportunity to find out what's happening in our community. You can look forward to future changes and additions to the web page, as we are constantly striving to improve it.

Sincerely,

William S. Kaplan, Mayor



### Arbor Day in the Village

Riverwoods celebrated its status as a Tree City USA with the planting of a flowering Serviceberry on the Village Hall property. *Pictured in front of the tree are clockwise from top left:* Russ Kraly, Director of Community Services; Police Chief Bruce Dayno; Trustee Sherry Graditor; Mayor Bill Kaplan; Chuck Stewart, Village Forester-Urban Forest Management; Bruce Harvard, Village Attorney; retiring Village Clerk Eileen Stanger and Pat Glenn, Village Engineer-Gewalt Hamilton.

RIVERWOODS  
VILLAGE BOARD OF  
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## Village Board of Trustees Meeting Notes

Summary of ordinances, resolutions, and non-routine matters considered by the Board of Trustees from the meeting minutes of April 7, 21, May 5, 19 and June 2. Read the entirety of these minutes on the Village of Riverwoods website: [www.villageofriverwoods.com](http://www.villageofriverwoods.com)

June 2

### POLICE REPORT

Commander Tyler listed the activity since the May 19, 2009 Board of Trustees meeting. There were three 911 hang ups, 15 accidents, 18 alarms, eight animal complaints, 15 assists with fire, 4 assists with other agencies, 2 burglaries, 8 crime prevention notices, 1 death investigation, 1 disabled auto, 1 disorderly conduct, 1 domestic dispute, 2 driving complaints, 2 DUI arrests, 1 fraud, 2 lock-outs of vehicle or resident, 3 motorist assists, 1 noise/disturbance, 1 parking complaint, 12 suspicious circumstances, 15 case reports and 131 traffic stops with 65 persons issued citations and 83 citations issued. Three houses are currently on the house watch list and are checked regularly. Commander Tyler thanked Walmart for their generous grant for the bicycle program. The maiden voyage was this week.

### FIRE DEPARTMENT REPORT

Assistant Chief Ugaste discussed the call volume within Riverwoods to date, noting there were 4 fire calls, 5 car accidents, 20 paramedic calls and 6 other calls so far this month.

There was a fire at #1 Meredith and the department responded to a report of a code four, confirmed structure fire just after midnight. Three

engine companies, two squads, two ladders and three chief officers were called and noticed heavy fire throughout the second floor venting through the roof. After one hour, one minute, the situation was reported under control. Assistant Chief Ugaste mentioned the water system performed very well. He explained the shift commander upgraded the situation to a box alarm. The Village is part of the Illinois Mutual Box Alarm System which means neighboring municipalities including Long Grove, Buffalo Grove, Wheeling, Countryside, Palatine, Deerfield, and Lake Forest were contacted to all pitch in.

### 2009 ROADWAY MAINTENANCE

The Board voted to award the 2009 Roadway Maintenance Project for Indian Trails and Hiawatha Woods streets to Greg Greenhill Construction in the amount of \$246,572.95. Village Engineer, Pat Glenn explained that the 2009 program consists of patching and resurfacing of the Indian Trails streets and patching and crack filling of the Hiawatha Woods streets.

### COLLEGE BOUND OPPORTUNITIES

Cliff Bregstone from College Bound Opportunities made a presentation and explained that College Bound Opportunities is a 501(c)(3) organization that works with District 113, which includes Deerfield High School and Highland Park High School, to provide assistance to students with financial needs who prove they have a desire to go to college. The organization has grown from one student three years ago to 11 students last year. Mr. Bregstone explained College Bound Opportunities is different because they provide each student with a coach/mentor that works with them from their junior year of high school through college. Ms. Bregstone explained that the average cost per student is approximately \$6000, including coaching, classes, college trips, computer, etc. He noted that District 113 supports



Joey Birtman made a friend at the Village Barbecue. 2-year old "Star" enjoyed meeting the children on an outing from Orphans of the Storm animal shelter.

their efforts completely, but noted it was a community-wide effort. They are looking for people who want to help children.

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### **BUILDING/ZONING REPORT**

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From May 1 to May 31, 2008, there were no single family or major additions. The total construction value was \$72,230, which generated \$1,260 in fees to the Village. From May 1 to May 31, 2009, there were no single family construction. There was one single family remodel, some commercial, and other miscellaneous construction. The total construction value was \$271,446, which generated \$3,320 in fees to the Village.

*May 19*

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### **PLAN COMMISSION**

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Mayor Kaplan introduced 4 nominees for the Plan Commission. Joe Schwartz has worked with charitable organizations and is an independent insurance agent. David Shimberg has served in the past as co-fundraising chair for Arts and Riverwoods and is seeking to give back to the community. Brian Meltzer, an attorney with a concentration in real estate, and has been a resident since 1986. Dr. Lisa Peckler, a radiologist, has been a resident for 9 years and has been involved in Arts and Riverwoods. The Board approved and the appointees were sworn in as Plan Commissioners.

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### **TREASURER'S REPORT:**

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Village Treasurer Hal Roseth proposed investing \$1MM in a CD at 2.25-2.35% with 12-15 months duration at Northside Community Bank. He also will look for an investment with a shorter duration for the funds now held in the other Village accounts in bonds and CDs.

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### **POLICE REPORT**

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Commander Tyler listed the activity since the May 5, 2009 meeting: There were 6 accidents, 10 alarms, 8 animal complaints, 10 assists with fire, 11 crime prevention notices, 7 disabled autos, 3 disputes, 1 domestic dispute, 2 driving complaints, 2 DUI arrests, 5 lock-out vehicles, 1 noise disturbance, 1 open burning complaint, 2 parking complaints, 2 solicitor complaints, 8 suspicious circumstances, 4 theft, 1 warrant arrest, 12 case reports, 127 traffic stops with 54 persons issued citations and 73 citations issued. Five houses are currently on the house watch list.

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### **FIRE DEPARTMENT REPORT**

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Assistant Chief Ugaste stated that there were 16 calls so far in the month of May, 2 were fire calls, 2 were car accident calls, 9 were paramedic calls, and 3 were others. The total calls for the year to date are 174. He also stated the new web site is [www.lrfpd.org](http://www.lrfpd.org)

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### **NORTHBROOK WATER**

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President Kaplan stated that we are saving almost exactly what Pat Glenn, our village engineer expected with the change to Northbrook water. The total savings to date is \$162,138.24.

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### **HIAWATHA WOODS**

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The Board adopted an Ordinance Proposing to Amend Ordinance No. 02-8-25, which Established Village of Riverwoods Hiawatha Woods Special Service Area No. 19.

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### **SWALCO**

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Rich Koomjian, our trustee who is now heading the BOT's new Environment Committee, asked that John Norris be retained as the Village's liaison to SWALCO (Solid Waste Agency of Lake County). John is on SWALCO's Executive Board and has developed good contacts in that position. The Board voted to grant the Mayor authority to appoint John to represent the Village at SWALCO.

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### **COMCAST**

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Ordinance approving a 10-year franchise agreement with Comcast was approved 6-0. According to State law, Comcast will pay the Village 5% of its gross revenues from services in the Village.

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### **ENGINEER'S REPORT**

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Pat Glenn is in the process of developing a proposal for a process relating to budgeting for future replacement of the Village's sewer and water infrastructure. The Village currently has an estimated \$23 million in sewer system assets and \$23 million in water system assets. 70% of the Village's sewer system and 20% of the Village's water system were constructed prior to 1980. There have been ten water main breaks in the Village during the past 5 years, which cost the village \$50,000 to repair.

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### **COYOTE**

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A coyote killed a dog in Meadowlake. In the spring coyotes are very protective of their young. Watch your pets and do not feed them out doors.

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### **OFF TRACK BETTING**

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BOT approved (6-0) a resolution opposing an off-track betting facility on Milwaukee Road that Buffalo Grove will consider on June 1.

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### **THEATRE IN THE WOODS**

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Donna Lubow, Director of Theatre in the Woods requested \$10,000 on the eve of the Theatre's tenth anniversary this summer. The Village voted to support the Theatre with the donation.

*May 5*

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### **NEW AND RETIRING MEMBERS OF THE BOARD**

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Village Clerk Eileen Stanger swore in the newly-elected officials, William Kaplan, William Svatik, Cheryl Chamberlain, Richard Koomjian, and Nancy Morten. After a brief recess to enjoy cake, Clerk Nancy Morten called the roll with the following members of the Board of Trustees answering present: Trustee Chamberlain, Trustee Graditor, Trustee Haber, Trustee Masterson, Trustee Koomjian, Trustee Svatik, President Kaplan, and Clerk Morten.

President Kaplan recognized Eileen Stanger for her 24 years of service, John Norris for his 12 years of service, and Linda Dunn for her 34 years of service with social affiliations and organizations.

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### **SHAWNEE TRAIL STORM SEWER**

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There were nine bids ranging from \$35,306 to \$57,590 to replace the Shawnee Trail storm sewer. Village engineer Pat Glenn requested and the Board authorized to award the contract to the

low bidder, Behm Enterprises in the amount of \$35,306.

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### **URBAN FOREST MANAGEMENT**

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Village Forester Chuck Stewart stated that gypsy moths have been in this area since the 1980's. Riverwoods has had them since 2004. Last year we had an explosion of gypsy moths because of the wind and because the Forest Preserve will not spray. We put out traps and found hundreds of males. It will cost about \$130K to spray the entire Village. Mr. Stewart pointed out on a map the 40 acre parcels that he is suggesting that we spray this year. Those areas have been identified as "hot spots." He also suggested doing a buffer area by the Forest Preserve. After much discussion it was decided that the map for a partial spraying is incomplete and the problem is not going away. We should have a preventative program which will include monitoring the situation yearly. The Board decided to take a more conservative approach and spray the entire Village over the next 2 years, allocating 120K to spray the core woodland areas in the Village for gypsy moths this year.

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### **POLICE REPORT**

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Chief Dayno listed the activity since the April 21st meeting. There was 1 911 hang up, 1 abandoned auto, 12 accidents, and 13 alarms. There were 5 animal complaints, 1 assault/battery, 12 assists with the Fire Department, 1 assist to another agency, 2 crime prevention notices, and 1 death investigation. There were 9 disabled autos, 2 driving complaints, 2 DUI arrests, 1 fraudulent activity, 4 car/residential lockouts, 1 lost/stolen property, and 1 missing person. There were 2 noise disturbances, 2 parking complaints, 13 suspicious circumstances, 8 case reports were written, and 119 traffic stops were made. Of those traffic stops 67 persons were issued citations with a total of 86 citations. Five houses are currently on the House Watch List and were checked regularly.

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### **EMERGENCY PREPAREDNESS PLAN**

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Chief Dayno reported on pandemic preparedness. Our emergency preparedness plan includes the Holiday Inn on Lake Cook Road to be used as a location to hand out medications if needed. We would use the reverse call back system to notify residents in the Village.

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### **FIRE DEPARTMENT REPORT**

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Assistant Chief Ugaste stated that there were 47 calls in the month of April; 12 were fire calls, 7 were car accident calls, 24 were paramedic calls, and 4 were others. The total calls for the year to date are 131.

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### **VILLAGE BOARD MEETING ON YOUTUBE**

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The Village has hired Ian Korner, a Deerfield High School student, to record the village board meetings. The video will be available on disk, You Tube, and our web page.

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### **BUILDING/ZONING**

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Trustee Graditor reported that from April 1, 2008 to May 1, 2008 there was one single family home built with a construction value of \$1,400,000, a single family remodel with a construction value of \$208,000, and miscellaneous items with a construction value of \$1,750,000. That generated fees of \$12,867. This year we have

issued permits for small miscellaneous items with a construction value of \$130,880 and fees of \$2,224.

*April 21*

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### **TREASURER'S REPORT**

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Hal Roseth reported to the Board that our cash position at the end of March was \$14.9M. That is an increase of \$44K over February. The IPTIP is now earning .4%. We have \$600K with Hal Barnes that is earning 4.5% to 6%. We have \$3.5M at Wachovia with \$245K of that in cash. At North Side Community Bank we have \$355K earning 3.3%, \$750K earning 4%, and \$754K earning 4.80%. Hal explained that he is looking into other options for our funds in the IPTIP. We can get 2.7% to 3.2% fully collateralized for one year. This option does not compromise our safety.

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### **POLICE REPORT**

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Chief Dayno listed the activity since the April 7th meeting. There were 2 911 hang ups, 12 accidents, 16 alarms, 5 animal complaints, 1 assault. There were 19 assists with the Fire Department, 1 assist to another agency, 1 burglary to a vehicle, and 2 well being checks. There were 23 crime prevention notices given out, 1 disabled auto, 1 domestic dispute, 3 DUI arrests, 1 juvenile problem, 4 car lockouts, 1 lost/stolen property, and 1 missing person. There were 4 parking complaints, 12 suspicious circumstances, 1 warrant for arrest, 18 case reports, and 116 traffic stops. Of those traffic stops 57 persons received 82 citations.

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### **FIRE DEPARTMENT REPORT**

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Assistant Chief Ugaste stated that there were 20 calls through April 15th. 4 were fire calls, 2 were car accident calls, 9 were paramedic calls, and 1 was an other. The total calls for the year to date are 131.

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### **ORDINANCE REGULATING THE USE OF FERTILIZERS CONTAINING PHOSPHORUS**

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President Kaplan brought up the fertilizer ordinance. Trustee Masterson added that at the North Shore Mayor's Conference they are talking about banning fertilizers containing phosphorus throughout the entire North Shore. The Board adopted an Ordinance Regulating the Use of Fertilizers Containing Phosphorus.

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### **FUNDING DBR**

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The Deerfield Bannockburn Riverwoods Chamber of Commerce requested and the Board approved funding of \$2,568.

*April 7*

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### **FEMA RECOGNIZES RIVERWOODS**

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Pat Glenn of Gewalt Hamilton, reported to the Board that the Village of Riverwoods has been recognized by FEMA for flood plain management. This gives our residents a 10% savings on their flood insurance.

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### **POLICE REPORT**

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Chief Dayno listed the activity since March 17th. There was 1 911 hang up, 1 abandoned auto, 12 accidents, and 63 alarms. There were a few alarms that kept going off. There were 8 animal complaints, 16 assists with the Fire Department, 2 well being checks, and 25 crime prevention notices. There were 2 non-criminal

damage to property, 6 disabled autos, 1 domestic dispute, 2 driving complaints, and 3 DUI arrests. There was 1 fingerprinting, 3 fraudulent activities (ID theft), 5 lockouts, 2 open burning. There were 12 suspicious circumstances, 19 case reports were written, and 156 traffic stops were made. Of those traffic stops 101 persons were issued citations with a total of 85 citations. We have 2 arrest warrants and 2 houses were on the House Watch List and were checked regularly.

### BIKE REGISTRATION

Chief Dayno told the Board that we are planning a bike registration program. The cost would be \$2 a sticker, and that way we would have the bike information in our computer, if it is lost or stolen.

### FIRE DEPARTMENT REPORT

Assistant Chief Ugaste stated that there were 33 calls in the month of March, 11 were fire calls, 1 was an car accident call, 16 were paramedic calls, and 5 were others. The total calls for the year to date are 111.

### VILLAGE ADDS 52" TV FOR SENIORS

The Board approved up to \$3K for a 52" Sony TV, blue ray DVD player, sound system and installation at the Village Hall board room for the Riverwoods seniors.

### WOODLAND MANAGEMENT PROGRAM

President Kaplan proposed a 50/50 split on the \$100 cost to homeowners to have Urban Forest Management come to their home and give recommendations and suggestions on how to care for their property. Chuck Stewart, our village forester stated that he plans to spend about an hour on each property to give residents an educational opportunity and direction on what they should do and how to manage their property, including a site inspection to identify species, and a list of certified arborists. This program would be available for one year after initial publication in the Village Voice. With \$243K in the tree fund, the Board agreed and passed the motion.

### INTERGOVERNMENTAL AGREEMENT FOR A STREAMFLOW GAUGE

The Board passed an Ordinance Approving an Intergovernmental Agreement with the Lake County Stormwater Management Commission for a Streamflow Gauge on the Des Plaines River. This three-year agreement would place a river gauge on Route 22 as a part of the National Weather Forecasting Service.

### RAIN GARDEN PROGRAM

The Board voted to adopt an Ordinance Approving an Intergovernmental Agreement with the Lake County Stormwater Management Commission for the Riverwoods 2009 Rain Garden Program. The SMC is contributing financially to this project which includes locations between the Police Station and the Village Hall, at the Fire Station near the bike path, and at the Duffy retention ponds. There are fewer sites than originally discussed but they are larger sites.

### BUILDING AND ZONING

Trustee Graditor stated that in March of 2008 we had one single family home built with a construction value of \$740,000, a single family addition with a construction value of \$597,000, and a miscellaneous commercial project with a construction value of \$320,000. That brings the total to \$1,794,000 and fees of \$16,857. In March of 2009, we issued permits for a single family remodel with a construction value of \$150,000, and a miscellaneous commercial project with a construction value of \$96,938. That is a total of \$281,138 and fees of \$1,514.

Trustee Graditor reported that the total trees removed since the last meeting is 7 (2 White Pine, 1 Paper Birch, 3 Burr Oak, and 1 Oak) with a total of 9 (3 Swamp White Oak, 3 Hackberry, and 3 Sugar Maple) replaced. We took in mitigation fees of \$8,122.50.

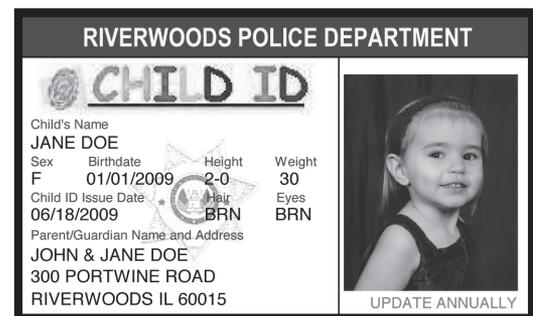
## Police Report; Child ID Cards

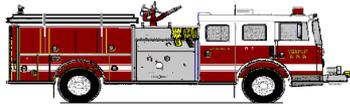
*By Police Chief Bruce Dayno*

Every child should have identification information. It's like insurance. It's there if you need it, but you hope you'll never have to use it. When faced with the possibility of a family abduction, a non-family abduction, or a runaway situation, there is nothing more valuable.

The Riverwoods Police Department wants this information to be available to all parents and guardians. To this end, the Department has acquired a Child ID system, which creates a photo ID of your child with a thumbprint and other pertinent information.

This program is for child safety only. The ID card will not remain on file with the Police Department. Once completed, the only record is turned over to the parents, who can display the card to the police if ever needed. A new card should be acquired annually. The program is open to all residents for a \$5.00 administrative fee. For an appointment or more information, call the Police Department administrative telephone number, (847) 945-1130.





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## Fire Department Report

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By Assistant Fire Chief Rob Ugaste

### Don't Let Your Fire Hydrant and Address Disappear

As the Fire District Liaison to the Village of Riverwoods for the past two years, I have come to genuinely appreciate how important woodlands preservation is to the community and its residents. Although the many narrow and winding streets with trees and boulders at every turn make our job more difficult, we understand and respect that this is the nature of Riverwoods. As a result, we have learned to cope with these factors.

Still, there are times when prioritizing woodland growth over safety is not a good idea. Our fire apparatus are tall and the low hanging branches can cause damage. Bushes sometimes overgrow addresses so they are not easily seen. And more recently we have begun to note that fire hydrants are becoming harder to find in the warm months as they are becoming obscured by the new growth where they were installed.

As a result, I am writing this article to request your help. Locating fire hydrants quickly when they are available is vitally important to our firefighting operations. When a home is on fire, we cannot afford to waste valuable time and resources looking for the nearest hydrant. Please prioritize the safety of your family and home by making sure the fire hydrants and your addresses are easily visible at all times of the year.

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### ANNOUNCING NEW FIRE DEPARTMENT WEBSITE

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The Lincolnshire-Riverwoods Fire Protection District has launched a new website! The website will contain local news and events, community information, employment opportunities, and an interactive area for kids. Check it out at [www.lrfpd.org](http://www.lrfpd.org)!

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## Health Department Activates West Nile Virus Hotline

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Now that warmer weather is here, the Lake County Health Department/Community Health Center is urging residents to protect themselves against West Nile virus. West Nile virus is contracted from the bite of a mosquito infected with the virus. "Although no human cases of the disease were reported in Lake County last year we ask that residents continue to 'Fight the Bite'."

The West Nile virus hotline has been re-activated for county residents to report dead birds, report areas of stagnant water (which are conducive to mosquito breeding), or to obtain more information on the signs and symptoms of West Nile encephalitis. The hotline number is: (847) 377-8300.

The Health Department will collect a limited number of dead crows, robins and blue jays for testing beginning June

1st. The Health Department will contact you if the bird you report is needed for testing. All other dead birds will not be collected by the Health Department. It is recommended that dead birds be disposed of by placing the bird in a plastic bag. Either double bag or tightly secure the bag and place it in your regular garbage. Dead birds cannot spread West Nile virus. The information residents provide is very important and will be used to monitor West Nile virus in the county and identify any problem areas that exist. The Health Department will share this information with municipalities and townships.

### Residents are urged to prevent mosquito breeding:

- Discard old tires, buckets, drums or any water holding containers. Poke holes in tires used as bumpers at docks.
- Keep roof gutters and downspouts clear of debris.
- Keep trash containers covered.
- Empty plastic wading pools at least once a week and store indoors when not in use.
- Drain unused swimming pools.
- Fill in tree rot holes and hollow stumps that hold water.
- Change the water in bird baths and plant urns once a week.
- Store boats upside down or drain rainwater weekly.

### Recommendations to prevent mosquito bites include:

- Whenever possible, limit outdoor activity at dusk.
- Wear light-colored clothing that minimizes exposed skin and provides some protection from mosquito bites.
- Make sure door and window screens fit tightly and that all holes are repaired.
- Whenever applying mosquito repellent to exposed skin, always follow label directions. The most effective repellents contain DEET, which is an ingredient used to repel mosquitoes and ticks. The more DEET a repellent contains the longer time it can protect you from mosquito bites. A higher percentage of DEET in a repellent does not mean that your protection is better, just that it will last longer. Based on a recent study: a product containing 23.8 percent DEET provided an average of five hours of protection from mosquito bites; a product containing 20 percent DEET provided almost four hours of protection; a product with 6.65 percent DEET provided almost two hours of protection.

Persons who are concerned about using DEET or other products on children may wish to consult their health care provider for advice. The National Pesticide Information Center can also provide information through a toll-free number: 1-800-858-7378.

While most people infected with WNV have no symptoms of illness, some may become ill, usually three to 15 days after the bite of an infected mosquito. The virus may occasionally cause serious complications. In some individuals, particularly the elderly, the virus can cause muscle weakness, stiff neck, inflammation of the brain (encephalitis), stupor, disorientation, tremors, convulsions, paralysis, coma or death. Information about WNV can be found on the Department's Web site at: <http://www.lakecountyil.gov/Health/resources/WNV.htm>

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## College Bound Opportunities

### *Right in Your Own Backyard*

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College Bound Opportunities (CBO) is a community-based and community-supported organization centered in Deerfield/Highland Park/Riverwoods/Bannockburn & Highwood. CBO assists qualified high achieving high school students whom, without CBO intervention, would likely not pursue higher education. This is achieved through one-on-one coaching between a volunteer coach and the selected scholar. Additional educational opportunities provided by CBO include a personal computer for each scholar, many training services and scholarship assistance. Beyond providing direct financial support, CBO helps assure that each student is fully funded for all tuition, room & board and other critical expenses from admission to college through graduation.

Just over three years ago a few caring individuals living in the vicinity of School District 113 learned of the obstacles facing high achieving but underserved students in applying to and attending college. Informally meeting together, they began to ask what they could do to ensure that qualified students had the knowledge and opportunity to attend college.

The group quickly recognized that supplying scholarship support was only a part of what these students needed. More important was providing the educational and enrichment experiences necessary to navigate the college and financial aid application process. Another significant need was bridging the gaps in the life experiences of these students so that they are successful once in college and the professional work environment. Recognizing that there were many in the community that would volunteer their services to this important effort, the CBO Coaching model was born.

Our Scholar/Coach relationship is the backbone of CBO. CBO recruits volunteers from the community, whether actively employed or retired, to serve as coaches. There is an application, screening and training process for coaches. Each volunteer agrees to provide continuous coaching and mentoring to his or her student from Junior year in High School, through College graduation, and into a career.

CBO is a competitive scholarship program, in that only students who meet minimum qualifications may participate. Qualifications to apply include a minimum GPA of 2.75 and a family income of less than \$60,000 annually. The average family income for a CBO scholar is less than \$33,000 annually. Scholars must apply to the program and participate in face-to-face interviews. Students are selected based on the need for coaching and an assessment of their desire to succeed. We strive to recruit students who would “fall through the cracks” if they did not participate in the CBO program.

CBO is a community-based, community-supported organization. Currently we only accept students in Illinois School District 113, which encompasses Deerfield and Highland Park High Schools. Although these are wealthy communities, over 300 students enrolled at these schools live below the federal poverty level. CBO recruits its coaches and volunteers from the five towns served by District 113. Similarly, the majority of CBO financial support comes from individuals and businesses in the community.

If you are interested in finding out more about CBO contact us at [info@cbo4edu.org](mailto:info@cbo4edu.org) or 847-220-2921.

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## Prepare for Allergy Season Naturally

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*By Gerry Gore, MD, Center for Holistic Medicine*

Some people have a reaction to the “stuff” of the environment: pollen, scents, plants, animals, foods, etc. I think that for most people it’s a threshold phenomenon, meaning if your immune system gets just enough challenge, it goes over a tipping point, then symptoms are precipitated and you feel lousy. If we take this approach, we can talk about some general ways to strengthen your health, keep on the healthy side of the tipping point, and perhaps keep the symptoms of an allergic reaction at bay.

**Allium Cepia** - eyes burning and runny with burning tears that resembles the response to peeling an onion

**Euphrasia** - nose and eyes water all the time

**Sabadilla** - spasmodic sneezing, one after the other

**Ambrosia** - itching in the roof of mouth and eyes, and stuffy, runny nose

**Wyethia** - itching in the sinuses and the roof of the mouth

If these do not work, then you need a professional to look deeper into the problem

What about prevention? Below are suggestions to stay on the healthy side of the tipping point!

–**Avoid foods that create more mucous** (congestion) such as dairy, wheat, cold, heavy meats, overcooked or stale food, and white sugar.

–**Include apples, pears, dried fruit, raw vegetables, dried beans, anything astringent or bitter.** These will decrease mucus and congestion.

–**Avoid foods that are more inflammatory** in nature such as milk, meat, butter, eggs, vegetable oils, and trans fats.

–**Include foods that are naturally anti-inflammatory** such as fish (omega 3 fatty acids), leafy greens (high in vitamin A), low glycemic grains such as pearly barley, couscous, millet and spices such as turmeric and ginger.

–**Obtain and use a netti pot** - a little ceramic, genie shaped vessel that when filled with salt water and poured into the nostrils serves as a nasal cleansing technique that revitalizes and cleanses the nasal mucosa (and helps prevent sinusitis) - the first line of defense to inhaled allergens as we breathe in mother nature.

–**Strengthen the adrenals** (our glands that support us during a stress response): use supplements to support adrenal function such as Vitamin C, Pantothenic Acid, B Vitamins and use other supplements (under supervision) to stimulate them into action.

–**Reduce stress:** stress challenges the adrenals and exhausts them leaving us feeling tired, run down and more likely to tip over the threshold and become “allergic”.

–**Use breathing and relaxation exercises** as well as adrenal supplements under competent guidance.

–**Sleep and rest:** rest revitalizes our immune system and organs and improves overall health immensely. Did you know that there exists a 24 hour energy renewal cycle and that many important organs are cleansed and energized during sleep?

**Love a lot:** Really? Yes! At its core, allergy is an immunological rejection of our environment. Now why would we do that? Because

at some level, there may have been a period of defective nurturance in our lives (childhood stress, poor nutrition, anxiety, quarreling, divorce, money issues, etc.) and we rightly rejected it. Some speculate that we then internalized these early experiences and rejected our emotional environment, along with the physiological response called "allergy" (i.e., we became "allergic" to this emotional environment). As adults, we can try to heal this situation.

**Surround yourself with a positive, nurturing environment i.e., eating healthy foods, finding loving and supportive relationships, creating a comfortable and personal living space, and finding work that fulfills you.**

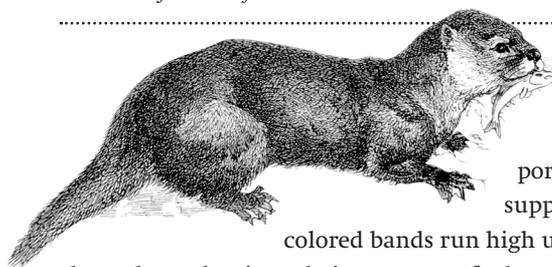
Call me at 847-236-1701 for questions or for consultation about foods, supplements, homeopathic remedies, stress reduction, or life coaching and/or counseling.

To your good health!

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### On the Des Plaines River- Exploring Riverwoods In a Canoe;

*continued from the front cover*



pensity to spill over its banks. In truth, the contemporary river seems to support both theories:

colored bands run high up maple tree trunks throughout the river, their presence 4ft above the water are a reminder of the dramatic river floods in recent memory. Today we are thankful that the water is flat and calm.

Or is it? Falling water can be heard ahead: it is the sound of water spilling over the Ryerson Dam. Most likely constructed for aesthetic reasons, low-head dams like this one do more harm than good. Not only are they a nuisance (and danger) for paddlers, but they have also decreased fish diversity, increased sedimentation above the dam and bank erosion. For these reasons the Lake County Forest Preserve District is considering removing this dam; for now, the only way to continue our journey is to land and carry our canoe - what serious paddlers call portage - downstream.

The effort of carrying an 80lbs. boat around the dam is mitigated by the opportunity to speak with two birdwatchers seated outside of Edward L. Ryerson's cabin, located just north of the dam. It is a fitting location for birdwatching: not only does the cabin provide a quiet vantage point to observe the Cedar Wax Wings and Swallows that have taken up residence above the dam, but it also represents the fulfillment of philanthropist and steel magnate Edward L. Ryerson's dream of sharing this beautiful location with the people of Lake County.

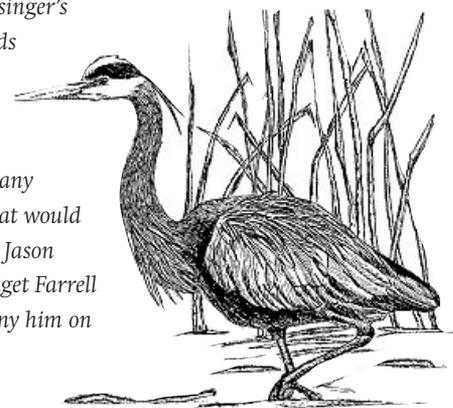
Not far from below the Ryerson Dam is the unmarked location of the former Clybourn Park. Here day-trippers would sneak away from the hustle and bustle of Chicago for an afternoon of fishing, gathering, bowling and dancing on the banks of the Des Plaines. While Mother Nature has erased all evidence of the Clybourn's roller coaster, beer stands, and a dance and roller-skating pavilion, the spirit of these fairgoers lives on each summer weekend as their descendents travel to the Clybourn Park of the 21st Century: the Wisconsin Dells.

We pass underneath the Deerfield Road Bridge. Here the river and surrounding forest seems wilder than it is north of the bridge. As we make our way south, we pass Sandhill Cranes and Great Blue Heron, Wood Ducks, Deer, and stands of *Iris Virginica* (Blue Flag Iris). Half way to Lake Cook, the river splays open where Aptakistic Creek spills into the River. Low-flying planes from Chicago Municipal Airport are the only reminder that we are still in the heart of suburbia.

Between Deerfield and Lake Cook Roads, only one house can be seen. Designed and built by the architect Robert Hausner for his family, the one-story contemporary house sits on a small rise above the river. Like Mies van der Rohe's more-famous Farnsworth House on the Fox River, this house features floor-to-ceiling glass windows that soften the boundary between the interior and exterior worlds. With little exterior adornment the house is the antithesis of today's McMansion.

The house is in contrast with development that marks the land near Lake Cook Road. Here two gleaming office towers, an exposed concrete parking garage, and a condominium complex loam over the river. The presence of these structures raises an overwhelming question: given all of the recent development along Milwaukee Avenue, what will the land along this stretch of the river look like in the next five years? The fate of one of the largest undeveloped pieces of property - a 37-acre landfill site just south of Deerfield Road - is in the hands of the Village of Riverwoods. What will be here? Another strip mall or hotel? A park? The answer to this question is surely the next chapter in the on-going story of the relationship between the Des Plaines River and this community.

*This is Jason Schlesinger's first article for the Riverwoods Village Voice. As this is an on-going project, please contact Jason at [jschles2@gmail.com](mailto:jschles2@gmail.com) with any comments or information that would enrich his study of the river. Jason would like to thank Ms. Bridget Farrell for volunteering to accompany him on the Des Plaines.*



## VILLAGE-WIDE WATERING RESTRICTION

**May 15 - Sept. 15**  
**Watering will be permitted**  
**from 5pm-10am only.**

Even addresses may water on even-numbered days.  
Odd addresses may water on odd-numbered days.



## In the Kitchen with Gale Gand

By Gale Gand

Why does going strawberry picking with my kids make me feel like I should be up for a promotion in my job of being a mom? Whenever I take my kids to go picking, whether it's strawberries, blueberries, pumpkins or corn, I always feel like it puts me in a different league than my mother was dwelled in. A morning or afternoon outside running up and down isles of plants or bushes, heavy with fruit...one for their stomachs and one for the basket is how it usually goes, clothes stained with the juice from the fruit-of-the-day. And we usually go home with way more than we need...

So then there's the "What to do with them?" when we get home. Most get made into jam. We call it our "jam session," since I come from a family of musicians, though I am in semi-retirement from it. And some go to neighbors (You know who you are.) Some even get folded into ice cream or sweetened with a little brown sugar and served with whipped cream (from a can...shhhhhh) tucked next to a slice of reliable angel food cake. Or they go into this easy recipe for a summer hors d'oeuvre, which is just a fancy word for snack, Strawberry and Mozzarella Skewers with Pesto.

### MOZZARELLA AND STRAWBERRY SKEWERS WITH PESTO

Serves 8

8 ounces of fresh mozzarella, any shaped balls

1 pint strawberries

Store bought pesto or 1 recipe of pesto below about 16 toothpicks

Cut the mozzarella into large cubes. Cut the strawberries into 4 pieces if they are large and 2 if they are small. Skewer alternating cubes of mozzarella and strawberry using 2 of each and lay them on a serving platter. Thin down your pesto if needed and drizzle them it over the skewers and serve.

#### To make the pesto

2 cups packed basil leaves

2 large garlic cloves

1/2 cup olive oil

2 tablespoons melted butter

1/2 cup pine nuts

1/2 teaspoon salt

1/8 teaspoon pepper

3/4 cups grated parmesan cheese

Place the leaves and garlic in a food processor and pulse to chop. Add the rest of the ingredients and run till well pureed and thick. Use what you need and freeze the rest for a later use.

## Riverwoods Preservation Council

The Riverwoods Preservation Council is starting a program to count trees in Riverwoods with a diameter of greater than 24 inches. RPC expects to complete the program in two summers. The count will identify trees by type, location and diameter. It also will identify areas of mature forests in our Village, and sources of seeds from trees that have aged successfully. Most of the identified trees will be 100 years old and older.

Homeowners will be contacted by residents who have volunteered to be tree counters. The tree counters are Howie Patterson, Len Smagatz, Sherry Kaplan and Jimmy Seidita. The tree count from your property will be provided upon request. Your cooperation is appreciated!

If you wish to be a tree counter, or do not want to have the trees on your property counted, please call Howie Patterson at 847-945-9281.

### MEMBERSHIP FORM

Yes, I want to support the RPC in its efforts to preserve Riverwoods! Enclosed is my contribution in the amount of :

\$25    \$50    \$75    \$100    Other \_\_\_\_\_

Please mail to: RPC, P.O. Box 122, Deerfield, IL 60015

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

My Biggest Concern about Riverwoods \_\_\_\_\_

## Mark your calendar now. . . for the Pooch Parade

August 22 will be the 3rd annual Pooch Parade fundraiser for Orphans of the Storm animal shelter. This 2-mile dog walk begins and ends at Jaycee Memorial Park on Wilmot Road in Deerfield. Bring your four-footed friend and support your local animal shelter. This is not a race, but a leisurely walk through the shady neighborhood. Everyone is a winner with raffle prizes, refreshments and free stuff for all. \$20 donation per dog to walk.

Print out a pledge card now at [orphansofthestorm.org](http://orphansofthestorm.org) and help the animals even more. To sponsor this event or donate to our raffle or our goody bags, please contact Jackie at [jackie@orphansofthestorm.org](mailto:jackie@orphansofthestorm.org) or call 847-602-8508.

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## Theatre in the Woods Presents Enchanted April

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Tickets are available for Theatre in the Woods 10th anniversary production, "Enchanted April". Show dates are Friday and Saturday, July 17, 18, 24, 25, 31 and August 1 at 8:00 pm and Sunday, July 19, 26 and August 2 at 5:00 pm. Tickets are \$17 and \$15 for seniors and students. Phone 847-914-0109.

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## Riverwoods Residents Association

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Riverwoods Residents Association (RRA) forms a support network within our Village. RRA is made up of volunteer residents who care about making their community the very best it can be. Membership is \$25 per family and includes two vehicle stickers. Mail your check to RRA, P.O. Box 341, Deerfield, IL 60015.

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### MEMBERSHIP FORM

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Please include me as an RRA member.

Name \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

# of extra stickers at \$5 each \_\_\_\_\_

Amount Enclosed \_\_\_\_\_

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## Riverwoods Book Club

### Listening is an Act of Love

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By June Melber

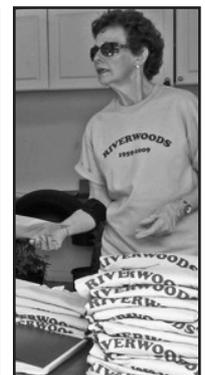
The Riverwoods book club is on summer vacation. It's been a great year with lively, interesting discussions of the 10 books we've read since last August. All we need is a few more members to make things even better. If you're curious about what happens at the book club, here's your chance to find out. We'll be happy to pull another chair into the circle just for you. If you've never joined a book club before, this is the club for you to try because there is no long term commitment, no fees, and it's in an easy to find location—the Riverwoods Village Hall. You just have to read the book and show up. The next book club meeting is Friday, September 11 at 10a.m., the book is **The Yiddish Policemen's Union** by Pulitzer Prize winning author, Michael Chabon. The October 9 selection is **The Moonflower Vine** by Jetta Carleton, a re-discovered classic. Hope to see you in September, so read like you mean it!

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## Village Barbecue and Plant Sale

with some orphaned dogs thrown in for the fun of it!

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The Plant Sale Ladies: Betty Dlouhy, Margie Kaul, Louise Simonson, Sue Auerbach, Irene Gagerman and Sheila Hollander; Cora Sagan made a friend with Heidi; Paula Pivar and Roger Simonson; Sheila Hollander and Tina Eskov review plant sale orders; Hayden and Ethan Walsh spend some quality lap time with Orphan "Star"; Margaurite Welter gives a planting tip; and Betty Dlouhy sells t-shirts. It was a good day for all!

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**Riverwoods Village Voice**

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AUTO



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## *Air up your Tires!* **Deerfield Road Bike Path is now Open**

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Did you know the Lake County Division of Transportation does more than roads? The LCDOT provides safe passage for bikes on more than 50 miles of bike paths. The Deerfield Road Bike Path is the latest addition to this growing system and Lake County officials recently gathered to celebrate and officially launch the summer biking season!

Deerfield Road Bike Path Project Information:

- Important safety improvement linking the villages of Deerfield and Riverwoods.
- Bicyclists, pedestrians, joggers and students at Caruso Mid-

dle School now have a safe way to cross the tollway, the tollway entrance ramp and to travel along very busy Deerfield Road.

- This bike path features a lighted tunnel passing under the entrance ramp to I-94.
- Aesthetic retaining walls and landscaping were included in this project.
- The project is just under one mile in length.
- Construction cost = \$2.3 million (Lake County, IDNR Grant, Illinois Tollway)
- Project duration = 15 months

*Deerfield Mayor Rosenthal and Riverwoods Mayor Kaplan cut the ribbon officially opening the new Deerfield Road bike path. See more photos at [www.flickr.com/photos/lakecountyil](http://www.flickr.com/photos/lakecountyil) and the village website.*

