



# Riverwoods

## VILLAGE VOICE

### Police Survey Results show We are Proud of our Police Department”

Thank you to those who participated in the 2009 Riverwoods Police Survey. We received 57 responses, compared to 50 last year, and have poured through them to not only assess the needs of the community, but to gain insight into what you think we are doing well and where you think we can improve.

As you can see from the scores, we rated in the “excellent” range in seven of the eight categories and in the “good” range in the remaining one. I am pleased to report we improved in every category over the previous year.

Our lowest average score was 7.12, under “Police Visibility in your Neighborhood.” As our improved score in this area indicates, the officers have been getting onto the side streets more. I know many of you met our new bicycle officer riding through the neighborhoods last summer. I will continue to stress neighborhood visibility with the officers.

#### Some of the comments we received.

- “I’d like to see officers on my street more.”
- “There should be more traffic enforcement in my neighborhood.”
- “Small town feel with big city professionalism.”
- “I appreciate the phone messages you send out periodically.”

Average Scores for	2009	2008
Competence of Officers	9.02	8.82
Demeanor of Officers	8.85	8.32
Fairness of Officers	9.08	8.35
Courtesy of Officers	8.86	8.38
Traffic Enforcement in the Village	8.56	7.93
Police Visibility in the Village	8.10	7.71
Police Visibility in your neighborhood	7.12	6.96
Overall Services provided by the Police	8.80	8.61

EXCELLENT	GOOD	FAIR	POOR	NO OPINION
1 0	9 8	7 6	5 4	3 2
1	0	1	0	0

“I encounter police cars more frequently in south Riverwoods than in the north.”

“You should collect emails for your notification system.” (We do at <http://www.riverwoods-il.net> under “Village to Resident Notification System.”)

“Thanks for providing our security and putting your lives on the line everyday.”

“We are proud of our police department.”

“The officer I dealt with was wonderful.”



continued on page #6

All Riverwoods Board of Trustees and Plan Commission meetings are held at the Village Hall unless otherwise specified and are open to the public; residents are encouraged to attend.

#### Riverwoods Village Board

1st and 3rd Tuesdays at 8pm. Mar. 16, April 6, 20 May 4, 18, June 1 and 15.

#### Riverwoods Plan Commission

1st Thursday at 7:30pm. April 1, May 6 and June 3.

#### GET INVOLVED IN RIVERWOODS

#### Village of Riverwoods Senior Program

Call Cheryl Hadley at 847-945-3990.

#### Theatre in the Woods

Call Sandy Sagan, producer at 847-945-0585.

#### Riverwoods Preservation Council

Laurie Bretkopf, president at 847-945-7034. [www.riverwoodsrpc.org](http://www.riverwoodsrpc.org)

#### Riverwoods Book Club

Contact June Melber at 847-940-7086, or email her at [argos501@aol.com](mailto:argos501@aol.com). Exercise your brain. The book club is free to all and meets at the Village Hall one Friday a month at 10am.

#### Riverwoods Residents Association

Call chairman John Hughes at 847-607-8402 to share your ideas or volunteer.

#### Plant Sale Committee

Call chairmen Margie Kaul at 847-945-5131 or Sheila Hollander at 847-945-4879.



RIVERWOODS  
VILLAGE VOICE

Riverwoods Village Voice is published bimonthly by the Village of Riverwoods. The purpose is to provide a communication forum and information for residents. The views expressed in the newsletter are not necessarily those of the Mayor or members of the Board of Trustees.

Editor: Jackie Borchew  
Any resident wishing to become a newsletter staff volunteer please call the Village Hall at 847-945-3990 and leave your name and phone number.

SEND IN THOSE  
LETTERS!

Letters from residents and Riverwoods homeowners' associations are invited and encouraged. Preferred length: approximately 250 words or less, typed preferred. All letters must include the author's name, address and phone number. Letters may be printed, space permitting, but may be edited for grammar, clarity and length. If controversial topics are addressed, the editor will seek opposing viewpoints for balance. Deadline for the May/June Issue: April 15, 2010  
Send to:  
Editor  
Riverwoods Village Voice  
300 Portwine Road  
Riverwoods, IL 60015  
Jackie@borchew.com

# Village Board of Trustees Meeting Notes

*Summary of ordinances, resolutions, and non-routine matters considered by the Board of Trustees from the meeting minutes of December 15, January 5, 19 and February 2.*

*Read the entirety of these minutes on the Village of Riverwoods website at [www.villageofriverwoods.com](http://www.villageofriverwoods.com)*

February 2

## POLICE REPORT

Chief Dayno presented the police activity since the January 19, 2010 Board of Trustees meeting. There were two 911 hang ups, one abandoned automobile, eight accidents, 16 alarms, one complaint about animals, ten fire department assists, three assists with other agencies, two well being checks, five disabled automobiles, one domestic dispute, two driving complaints, one harassment, four vehicle or residential lock outs, one solicitor, six suspicious circumstances, one theft, one threatening phone call, nine case reports and two crime prevention notices. There were 79 traffic stops with 58 citations issued to 50 people. There are currently 13 houses on the House Watch list that are regularly checked.

## FIRE DEPARTMENT REPORT

Assistant Chief Ugaste presented the report on the call volume within the Village of Riverwoods through January 31, 2010. There were six fire calls, two car accidents, 11 paramedic calls and four other calls for a total of 23 calls during the month of January 2010.

## ANNUAL VILLAGE CLEANUP DAY AND BARBECUE

The RPC will be organizing the annual event this year.

## DISCUSSION OF NEW POLICE STATION

Chief Dayno explained the need for a new police station. Stating a list of reasons which included:  
(a) Lobby – when someone comes into the Police Department they enter where the police officers work. There is not a lot of privacy. Chief Dayno explained the building was not designed as a police station and he would like to see a room off the lobby where the department can take reports from walk ins. Chief Dayno would also like a reception window for the protection of the records clerk.  
(b) Offices for Supervisors – in the current facility, the supervisors do not have an office. There is no

records area; rather, there is just a desk. Chief Dayno stated there are security issues.

(c) Conference, training or briefing room – there is no conference room in the existing facility. The police department must hold trainings, briefings and conferences in the Village Hall.

(d) Storage – Although there is sufficient storage for evidence, there is no area with proper ventilation within which to process evidence.

(e) Kitchen – there are no kitchen facilities in the existing police department.

(f) Interview Area – there is no place to interview suspects in the existing facility.

(g) Processing Area – there is no place to process prisoners. The police officers currently go to the Lincolnshire Police Department. Although the department is not looking to hold prisoners overnight, it would like a temporary holding area in which to hold prisoners until the department is ready to release them or transport them to the Lake County jail.

(h) Rest Room – there is no public rest room in the current station. In any new facility Chief Dayno would like to see a public rest room in the lobby and an additional rest room in the prisoner processing area.

(i) Locker Room – currently there is not enough locker room space, nor is there enough space for changing uniforms and other clothing.

(j) Weapons and ammunition armory – there is no armory for weapons and ammunition.

Mark Bushhouse from Williams Architecture was retained to do a space study for the Department, and to furnish a breakdown with respect to cost. The current facility has 1,200 square feet, the architect came up with a proposal for a 4,000 square foot building to possibly be constructed next to the fire station on the NE corner of Deerfield and Saunders Roads. He further explained that the existing facility is not up to code for wind speeds, not handicap accessible and the second floor is not ADA compliant.

Mr. Bushhouse provided a cost per square foot range of \$214 - \$233. Adding landscaping, site work and 15% for a general contractor, Mr. Bushhouse estimated the cost to be \$1.7 million - \$1.9 million.



*Our police department operates out of this rustic log style structure located next to Village Hall on Portwine.*

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**FINAL DEER COUNT**

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The Village conducted a deer count by helicopter on January 19 and 20. Their intent was to continue to develop a database and integrate existing information in conjunction with the Lake County Forest Preserve District, which shows the comparisons in various areas including Ryerson Woods, the Lake County Forest Preserve District north of Lake Cook Road, Potawatomi Woods south of Lake Cook Road and a buffer area. The average of the two counts estimated 75 deer. Since 1995 there has been a 53 percent decline in the number of deer per square mile.

Trustee Koomjian stated that one of his objectives was to see if there was a "hot spot" of deer in the Riverwoods area. He found there were no deer in Meadowlake, Thorngate or near Discover, and that there were more deer in the wooded areas.

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**FUNDING REQUEST FROM DEERFIELD HIGH SCHOOL FOR DONATION FOR PROM AFTER PARTY**

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The Village has once again, as it has for the past two years, donated \$1000 towards the Deerfield High School's Prom After Party.

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**PROPOSED ORDINANCE ESTABLISHING A MORATORIUM ON THE ENFORCEMENT OF PROVISIONS IN THE VILLAGE CODE WHICH PROHIBIT FENCES IN EXCESS OF 6 FEET**

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The Board voted in favor of a 90-day moratorium on enforcement of the current fence ordinance.

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**2010 MOTOR FUEL TAX RESOLUTION**

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Village Engineer Patrick Glenn explained that his office prepared a resolution for the Village to appropriate \$220,000 in Motor Fuel Tax funds for roadway projects in 2010. \$120,000 is for the local share of the Saunders Road resurfacing, which represents 30% of the bid price plus ten percent, and \$100,000 is for resurfacing Woodland Lane North and Dawson Court, which are scheduled for rehabilitation this year per the ten-year plan. It was noted that, while the Resolution appropriates funds, it does not obligate the Village to spend them. The Board approved the resolution.

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**BUILDING/ZONING**

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Trustee Graditor presented the building department report for the month of January. In 2009 the total construction value was \$463,500, generating fees of \$8,294. Most of the construction comprised of commercial renovation and remodeling projects. In January 2010, there was one sewer tap on repair with a total construction value of \$2,200 generating fees of \$100.

January 19

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**ENGINEER S REPORT**

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Village Engineer Patrick Glenn discussed the Saunders Road resurfacing project. He stated that bids were opened for the project on January 15, 2010 and the low bid was \$362,489.33 from Peter Baker & Son. Mr. Glenn stated that his estimate for the work, based on similar projects bid in 2009, was \$473,000. He explained this project would receive 70% Federal funding, so the Village's portion would be approximately \$109,000, which can be paid from the Motor Fuel Tax (MFT) fund, meaning no out-of-pocket expense for construction

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**TREASURER'S REPORT**

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Village Treasurer Hal Roseth presented his report, which indicates that as of the end of 2009 the General Fund held in total \$12,177,812 (rounded), the Police Fund was negative \$54,476 and the MFT fund held \$705,192. The total amount of cash and investments by funds held by the Village at year end was \$15,184,554. The average rate of return on the Village's Money Market Funds for December, 2009 was 0.121%.

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**POLICE REPORT**

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Police Chief Bruce Dayno presented his report with regard to police activity since the January 5, 2010 Board of Trustees meeting. He also showed the comparison from 2009 to 2010 for the same time period. In 2010 there was one battery, there were 15 accidents, five alarms, three complaints about animals, 10 fire assists, six disabled automobiles, one fingerprinting, four vehicle or residential lock outs, one missing person, ten suspicious circumstances, five case reports and four crime prevention notices. There were 65 traffic stops with 57 citations issued to 51 people. There are currently 15 houses on the House Watch list that are checked regularly.

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**FIRE DEPARTMENT REPORT**

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Assistant Chief Ugaste presented the call volume within the Village of Riverwoods through January 15, 2010. There were five fire calls, one car accident and eight paramedic calls for a total of 14 calls year to date.

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**VILLAGE FORESTRY PROGRAM**

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Village Forester Chuck Stewart spoke about the issues of the general forestry program including the Gypsy Moth control, Emerald Ash Borer, resident consultations, the new 2010 tree planting initiative, the Riverwoods reforestation tree planting



*Cooking up burgers and chicken at last year's Village Clean-Up Day.*

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**RIVERWOODS  
VILLAGE BOARD OF  
TRUSTEES**

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program, the Dutch elm disease control program and the hazard tree identification program.

January 5

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## VILLAGE WATER

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Mayor Kaplan reported a total savings of \$406,000 by switching to Northbrook water.

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## POLICE REPORT

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Chief Dayno compared the total activity from 2009 to the total activity in 2008 and found things to be relatively similar. There were fewer accidents and the number of arrests is up. However, the Village purchased a new records management system in October of 2008, so he is not as confident in the 2008 numbers. Chief Dayno stated the department is not writing as many tickets as before but believes that is a reflection on driving habits.

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## FIRE DEPARTMENT REPORT

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Assistant Fire Chief Ugaste presented the fire department call volume within the Village of Riverwoods for the month of December 2009. There were 10 fire calls, three car accidents, 27 paramedic calls and nine other calls for a total of 49 calls during the month of December. There were 483 calls for the year 2009. Assistant Chief Ugaste stated there were 520 calls in 2008 and that is similar to what is seen district wide.

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## REQUEST FOR SPONSORSHIP - ONE BOOK, ONE ZIP CODE 2010

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One Book, One Zip Code 2010 is a program set up in the library and there are a number of copies of the book available. The purpose is to have a lot of people within the zip code read the book so they could have discussions. The Village Board voted to become a silver sponsor of the One Book, One Zip Code 2010 program at a cost not to exceed \$500.

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## FORMAL DESIGNATION OF FOIA OFFICIALS

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It is a requirement of the amendments for the Freedom of Information Act to have four Village officials named. Mayor Kaplan designated Village Clerk Mike Ford, Police Chief Bruce Dayno, Director of Community Services Russ Kraly, and Kim Powitz as FOIA officials.

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## APPROVAL OF AN EMAIL ARCHIVAL PROGRAM

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Trustee Masterson explained the Village uses the Zimbra system for email within the Village. The Board approved the addition of an email archival system through Zimbra in order for the Village to comply with FOIA regulations.

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## BUILDING/ZONING

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Trustee Graditor explained that during the month of December 2008, there was one single family addition with a total construction value of \$150,000, generating fees of \$3396. In December 2009, there were four small, miscellaneous projects with a total construction value of \$42,554, generating fees of \$3315.

For the year 2008, the total construction value was \$8,292,391 generating fees of \$97,079. In 2009, the total construction value was \$3,400,087 generating fees of \$44,141. In 2008 there

were four new houses built while in 2009 only one new home was constructed.

December 15

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## POLICE REPORT

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Chief Dayno listed the police activity since the December 1, 2009 Board of Trustees meeting. He explained there were five 911 hang ups, 20 accidents, 20 alarms, eight complaints about animals, 19 fire department assists, one battery, one well being check, one child safety seat installation, one domestic, one driving complaint, one fraudulent activity, one missing person, two motorist assists, three parking complaints, one suicide, nine suspicious circumstances, eight case reports, six crime prevention notices. There were 75 traffic stops with 56 citations issued to 45 people. There were also four possession of alcohol by a minor arrests and one battery arrest. There are currently seven houses on the house watch list that are checked regularly.

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## FIRE DEPARTMENT REPORT

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Assistant Chief Ugaste listed the call volume within the Village of Riverwoods through noon on December 15, 2009. There were nine fire calls, two car accidents, 12 paramedic calls and four other calls totaling 27 calls for the month and 461 calls year to date.

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## WATER NEWS

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# Monitoring Your Water Meter

By Joyce Fromm

Water Department, Village of Riverwoods

**Step 1: Water meter monitoring is as simple as locating your water meter.** Once located, you are in complete control over monitoring the amount of water that is used by your household. The meter head is black and about 6 inches tall. It sits right on top of the meter base. It was required to have been mounted right where the water line comes into your home from the water main. This will either be in your basement or crawl space.

**Step 2: Write down the numbers that you see.** If you don't see any numbers, you may have to lift the lid, much like a toilet seat cover. Do this periodically, maybe at the same time each day. This will tell you how much water has flowed between each reading. An average would be about 150 gallons per day per person. This is not accounting for any underground sprinkler use. Please contact your sprinkler company and have them tell you, based on your particular system, how much water should flow through the meter every time your sprinkler runs.

If you suspect a leak, you should first make sure that no one is running any water anywhere in the house and look at the red dial. Such things like washing clothes, showering, washing dishes or running your underground sprinkler would result in that red dial turning clockwise. This is the only reason the dial should be turning as that is how it works. It's a simple device with a wheel inside that turns when water flows through it. It might tend to flutter but should not actually turn unless water is flowing somewhere. If you do see it turning when no one is running water, you have a leak somewhere in the system and

## JUST HOW MUCH WATER ARE YOU USING?

**Toilet flush: 2-6 gallons per flush**

**A shower: 30-50 gallons of water**

**Sink faucet: 3 gallons per minute**

**Dishwasher: 20 gallons per run**

**Clothes washer: 40 gallons per load**

**Lawn sprinkler: 600 gallons per hour**

**Small leak: 170 gallons per day**

**Large leak: 1,000 gallons per day**

should call a plumber to find where the leak is.

Ok, you are now in complete control over monitoring your water usage and could very well tell me just how much water has flowed through the system since your last reading. This is also how you can verify the current read on your latest bill. Just walk up to the meter and verify it with the amount listed on the bill. Of course some time will have elapsed since the last read was taken and the bill arrives so allow for that.

**There are a few things that can produce a leak.** One would be a sprinkler system and this is something that you would see in the summer months when the sprinkler system is turned on. Contact your sprinkler company and ask them to tell you exactly how much water should flow through your meter every time you run it for a specified period of time based on how many sprinkler heads you have and what type they are. Another reason might be a toilet that tends to run on after you flush it. If you walk away from a flushed toilet and come back much later and still hear the water running in the tank then do suspect that it is leaking and that quite a bit of water might be flowing down the back of the tank. This can be quite a shock after 3 months go by and you receive a very high water bill. Water is precious so please do not waste it this way.

**If you suspect that you may have a leak, call a plumber and fix it as soon as you can.** Every day with the leak is just wasting money and precious water. We can certainly send someone to do a leak check but they will charge you \$80.00 for that service and you can conceivably do the same thing yourself for free simply by following these monitoring methods. If they determine that there is a leak they will not be able to pinpoint just where the leak is and you'll be required to hire a plumber for that service anyway.

**Please be aware that your water bill comes out quarterly.** Every 3 months you will see a bill, about the first week of that month. Your water bill is always due on the last business day of any month that they are issued. Payment must be received by the due date to avoid a 10% penalty. At each month end, the computer program is run and any outstanding balances will accrue that late penalty. If you sell your home, please call to arrange for any final bills once you have a closing date set. A final bill will be calculated and mailed to the location that you specify. If you don't see a bill by the first week of any month that they are due, please call me and I will let you

know what the amount is. Failure to receive a bill is no reason to expect to have a penalty removed.

I really do hope that this information helps you and allows you to feel that you are in complete control. If you have any questions, please feel free to call me at the Village Hall, Monday through Thursday during regular business hours of 8:30am to 1:30pm.

## National Flood Insurance "Grandfathering" Rules

As many of you are aware, FEMA raised the regulatory "100-year" Base Flood Elevations of the Des Plaines River by one to two feet in 2000. As a result, FEMA revised the Flood Insurance Rate Maps (FIRMs) for the Des Plaines floodplain, and many Riverwoods homes and properties that were not in mapped floodplain when they were built are now "in", and buildings that were already in the floodplain are considered to have increased risk of flood damage.

For many residents the map change resulted in either a new requirement from a lender to purchase flood insurance or an increase in flood insurance premiums for existing policyholders.

The decision to require flood insurance lies with a lender, not FEMA; however, FEMA administers the National Flood Insurance Program (NFIP) and sets premium rates. The NFIP has "grandfathering" rules intended to "recognize policyholders who have remained loyal customers of the NFIP by maintaining continuous coverage and/or who have built in compliance with the FIRM"

Flood insurance premiums are based on the level of risk associated with a particular structure, and the level of risk is generally a function of the difference between the elevation of the lowest floor of the building (including basements and crawl spaces) and the Base Flood Elevation (BFE). The farther the floor is below the BFE, the greater the risk and the higher the premium.

In areas where the flood maps have changed and BFEs have gone up, the grandfathering rules allow for premiums to be calculated using the previous, lower BFEs under either of the following conditions:

A renewal policy where the policy has been continuously in effect since before the map change

A new policy for a structure built in compliance with the map in effect at the time of construction that has not been substantially altered or altered in a way that increases the risk of flood damage.

We suggest that property owners contact their flood insurance providers to ensure that their premiums are being calculated using the grandfathering rules if applicable. The Village can provide copies of the historic FIRMS as required.

# Proposed Deerfield Road Bike Path; Benefits your Health, the Environment

At a recent Village Board meeting Lina Hoffman, North Suburban Coordinator for the Active Transportation Alliance, formerly the Chicagoland Bicycle Federation, spoke on the benefits of the proposed Deerfield Road Bike Path.

*The mission of the Active Transportation Alliance is to make bicycling, walking and public transit so safe, convenient and fun that we will achieve a significant shift from environmentally harmful sedentary travel to clean active travel. They advocate for transportation that encourages and promotes safety, physical activity, health, recreation, social interaction, equity, environmental stewardship, and resource conservation. They serve the entire metropolitan region.*

The proposed bike path would have many benefits including reducing traffic congestion, providing non-motorized access to Riverwoods and nearby communities, and increasing the safety and the health of Riverwoods residents.

## Currently

65% of trips under one mile are now taken by automobile  
50% are three miles or less.  
28% are one mile or less

Also, as you know, this path would link up with existing trails: the newly completed Deerfield Road to the east and the Des Plaines River Trail, especially once Lake County DOT completes it. In addition, once the Skokie Valley Trail is completed it would provide a great east-west route from the SVT trail and connectivity to the near northern suburbs. Also, this path would provide access for residents of Riverwoods to Deerfield and Buffalo Grove.

Bike paths are the safest ways to commute by bicycle: the danger index on a bike path is .67 as compared with riding on a sidewalk where the danger index is 5.32 times more likely to crash.

In addition, obesity rates are up nationally, and that includes Illinois where over the past 13 years the rate has gone up over 10 percentage points almost doubling its rate in 1995. Options like walking and biking can help enable people to lead a more naturally active lifestyle.

Finally, I understand that funding sources might be particularly helpful, Riverwoods can tap into funding sources like the Municipal Capital Improvement Program, IL Transportation Enhancement Programs, Congestion Mitigation & Air Quality, Safe Routes to School, and the IL State Bike Path Grant Program by IDNR.

We support wholeheartedly the proposed bike path, particularly because increased multi-modal access for residents is good for environment, good for the local economy and in decreasing congestion.

**Increase in local property values.** The National Association of Realtors (NAR) and National Association of Home Builders (NAHB) survey ranked a trail as “the second most important neighborhood amenity for home buyers.

**Better physical health.** Despite our prodigious resources, Americans are not as healthy as people in many other countries. Heart disease, addictions, obesity and diabetes are among our high-incidence health problems. Urban driving exacerbates these disorders. Bicycling is preventative or therapeutic for all of them. Bicycling develops balance, coordination, and strength. It tones the body, burns calories, improves LDL and HDL levels and strengthens the bones.

Bicycling is a great relief from the symptoms of depression and anxiety. And the list goes on and on . . . safer, quieter neighborhoods, better air quality, increased sense of community. A bike path is good for everyone.

## Police Survey; continued from the front cover

“I’d like to see officers within Village boundaries more, rather than on Lake Cook, Milwaukee and Saunders.”

“You are doing an excellent job.”

**Here are common values and characteristics you feel Riverwoods Police Officers should process. We are dedicated to being all of these.**

Competent	Friendly	Professional
Courteous	Honest	Trustworthy
Dedicated	Integrity	Understanding
Fair	Knowledgeable	Well-trained

**Here are the top areas you ranked as “High Priority” in the 57 responses. Each of these is also a high priority with us.**

Responding to crimes in progress or that have just occurred (44)

Responding to and investigating property crimes (i.e. vandalism, theft, etc.) (38)

Enforcing drunk driving laws (37)

Investigating burglaries (35)

Discouraging crime in general (30)

Notifying citizens of potential for criminal activity (27)

Providing 24 hour patrol services to the community (27)

I have called and spoken to, or left a message for, each responder who indicated they would like to be contacted. Anyone wishing to speak with me further on the survey, or on any other topic, can contact me at 847-945-1130, extension 30 or by email at [bdayno@riverwoods-il.net](mailto:bdayno@riverwoods-il.net)

Bruce Dayno, Riverwoods Police Chief

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## Village Website, At Your Service

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By Jackie Borchew

Did you know that you can pay your water bill on-line from the comfort of your home? Or fill out a permit application for that deck building project you have been planning for the Spring? How about signing up for the house watch program where the police will routinely check your home while you're sunning on some faraway beach? And hopefully you will never have to use this service, paying your traffic ticket on-line, but if you need to, you can.

These are but a few of the services offered by the Village of Riverwoods on their interactive, resident-friendly website [www.villageofriverwoods.com](http://www.villageofriverwoods.com).

**Download application forms.** At the Village website you can download the RRA membership form, a tree removal permit, a application for a handicap parking card, or you may fill out the membership form to join the senior rewards program where residents age 62 or older get to take advantage of discount offers from local merchants. And there are many other forms that you may be interested in.

**Under the heading of Forestry.** You may learn about and apply to the reforestation/woodland management program where the Village will reimburse you matching funds up to a percentage of your cost to manage your own property. This program is aimed at maintaining the health and longevity of our woodlands. The plan involves removing invasives (garlic mustard and buckthorn) and planting (reforesting your property) with woody trees and shrubs that are indigenous to our area. There is also a tree planting program for you to take advantage of.

**Learn what our Police and Fire Departments offer.** Explore the many services that our Police and Fire Departments have to offer. Get the details on bicycle registration, proper child safety seat installation, or thumb printing and photo identification for the safety of your child.

**Village Government.** If you can't make it to a Village Board Meeting, but you are interested in what your elected officials have to say on a particular subject? You may read the minutes on-line, or even better, watch your local government in action on the internet via YouTube. Just click on "BOT Meeting Videos" located on the home page in the left hand column.

**Protect yourself in the event of an emergency.** Sign up for the disaster/emergency notification system so that you will be notified by phone or email in the event of any emergencies.

**A Village Calendar will remind you of important events.** The Riverwoods Village Calendar is a new feature of the Village website. It provides a point of reference for events in the community focused around government meetings, such as the Board of Trustee and Plan Commission meetings, along with events submitted by community organizations and residents like the Riverwoods Preservation Council (RPC), and the Riverwoods Book Club.

Your Village website is kept current so that you may be better informed. Go on-line and take advantage of all it offers you.

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## Brentwood Bites

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By Lynn Bruch, RN., MSN

Director of Clinical Relations, Brentwood North Healthcare

### Seeing is Believing

Healthcare professionals don't always follow their own advice to patients. Recently when my spouse noticed that I was squinting and suggested I visit an eye doctor, I knew he was right. My vision was blurry at times, and my last complete eye exam was years ago. A visit to an eye doctor confirmed I needed bifocals. I should have gone sooner. Loss of vision increases the risk of falls, and falls are the leading cause of injuries in older adults (65 or older). Now that I know I have an issue, I'll get my eyes checked at least every year. What should you and your loved ones do?

If you have no eye problems, get a baseline eye exam at age 40, as recommended by the American Academy of Ophthalmology.

If you have a family history of eye disease, are in poor health, or have diabetes or high blood pressure, see your eye doctor for regular checkups.

If you have symptoms of eye problems- loss of vision, eye pain, sensitivity to light, eye drainage, bloody or gray-white patches on the eye- get your eyes checked.

The good news about eye exams is that most problems can be corrected. After getting fitted with my first pair for glasses, I can confirm, "seeing is believing."

### Trans Fat Reminder

To avoid trans fats in restaurants, skip deep-fried foods and ask your server if desserts are made using trans fats.

Always check nutrition labels on packaged foods for the trans fat content. If trans fats can't be avoided completely, choose products that list partially hydrogenated oils near the end of the ingredient list. Stick margarines are high in trans fats, but liquid vegetable oils or tub margarines contain little or no trans fats.

Trans fats can raise LDL "bad" cholesterol and should be avoided as much as possible.

Sources; American Dietetic Association; US Food and Drug Administration; Harvard School of Public Health

### How Loud is "Too Loud?"

Any sound over 85 decibels can potentially damage your ear drums. That includes the average traffic jam, an MRI, blow dryers, power mowers, and even screaming children.

Devices that stream loud sounds directly into the ears, like hands free phones and music players, can also cause ear ringing (tinnitus), a condition that is becoming more common among young people than it ever was before.

To check your risk for developing hearing loss visit the "dangerous decibels" link on the American Tinnitus Association Website at [www.dangerousdecibels.org/](http://www.dangerousdecibels.org/)

Source; American Tinnitus Association

*Brentwood North Healthcare & Rehabilitation Centre is a JCAHO accredited sub acute facility located on 16 residential acres in Riverwoods, IL. Brentwood has been serving many of the area's surgeon's, specifically neurological, orthopedic and cardiovascular, and are committed to providing the highest level of nursing and rehabilitative care. For more information contact Lynn Bruch at 847-947-9111 or at [lbruch@brentwood-healthcare.net](mailto:lbruch@brentwood-healthcare.net)*

## Counting Deer in Riverwoods

**Past Deer Counts** Each winter since the late 1980's the Lake County Forest Preserve District (LCFPD) has counted deer via aerial survey in Ryerson Woods. The LCFPD count includes roughly the western half of Riverwoods - west of Portwine Rd. and Kenilwood Lane. - Since deer tend to move between adjacent areas of Riverwoods and Ryerson Woods.

During the last two winters, the Riverwoods Preservation Council (RPC) coordinated with the LCFPD to extend its count to include all of Riverwoods. The RPC employed the same experienced biologists as the LCFPD. In 2009, the Village shared the cost with the RPC.

The goals were to ensure that the deer count numbers in Riverwoods were reliable and that they could be combined with the deer count numbers in Ryerson for an overall picture of deer in the area. In past years, a significant number of deer were found in portions of the area surveyed.

**This Year** This year, for the first time since 2000, the Village Board decided to count deer. Trustee Sherry Graditor questioned the validity of the LCFPD's correction of deer count numbers. The Village decided to count on its own rather than coordinate with the LCFPD. Two representatives from Urban Forest Management (the Village Forester), conducted the count. Trustee Richard Koomjian participated.

**Conducting the Count** Deer are counted from a helicopter. Experience is important, since it is difficult to distinguish deer from dark patches and shadows of trees and other objects.

The LCFPD counted deer on January 11 and 12, using a LCFPD wildlife biologist as well as a wildlife biologist from Christopher B. Burke Engineering, the contractor used in prior years. Counting conditions on the second day were better than on the first.

The Village of Riverwoods conducted its count on January 19 and 20. As in the case of the LCFPD count, counting conditions on the second day were better than on the first.

**Correcting the Count** The experts apply a correction factor to deer numbers seen from the air, to account for deer missed in the count. Studies have shown that between 25% and 50% of deer are missed in an aerial count. The LCFPD uses the 25% figure.

**Overpopulation** Ecologists' rule of thumb is that 15 deer per square mile is the desirable maximum in an unstressed area to preserve the health of the deer and the survivability of desirable vegetation. For areas with less food, e.g., stressed woodlands with little understory, like Riverwoods, a concentration of 5 to 15 deer per square mile is desirable.

**The Deer Count Numbers** Deer move within Riverwoods and between Riverwoods and the forest preserves, so day-to-day and even hour-to-hour counts can vary significantly. Any count is simply a snapshot of one moment in time. That is why the Village counted deer in Riverwoods and in nearby locations from which deer could reasonably enter the Village - adjacent Ryerson, other adjacent Lake County forest preserves and Potawatomi Woods. For the same reason, the LCFPD counts deer in the forest preserves and in the western half of Riverwoods.

The count conducted by the Village yielded dramatically lower numbers than the count conducted a week earlier by the LCFPD. In the tables below, both observed deer counts (in brackets) and corrected deer counts are shown.

### West half of Riverwoods + Ryerson

	Day 1	Day 2
By Village	33 (25)	56 (42)
By LCFPD	93 (70)	127 (95)

### East half of Riverwoods

	Day 1	Day 2
By Village	4 (3)	40 (30)
By LCFPD	No count	No count

### Potawatomi Woods (south of Lake Cook Road)

	Day 1	Day 2
By Village	35 (26)	47 (35)

The number of deer per square mile observed is shown in the following tables.

### West half of Riverwoods + Ryerson (3.04 square miles)

	Day 1	Day 2
By Village	11 (8)	18 (14)
By LCFPD	31 (23)	42(32)

### East half of Riverwoods (1.4 square miles)

	Day 1	Day 2
By Village	3 (2)	29 (21)
By LCFPD	No count	No count

### RIVERWOODS PRESERVATION COUNCIL MEMBERSHIP FORM

Yes, I want to support the RPC in its efforts to preserve Riverwoods! Enclosed is my contribution in the amount of :

\$25  \$50  \$100  \$250  Other \_\_\_\_\_

I have attached my employer's matching contribution form.

Please make your check payable to Riverwoods Preservation Council  
P.O. Box 122, Deerfield, IL 60015

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

My Biggest Concern about Riverwoods: \_\_\_\_\_

The RPC is an independent resident volunteer-run non-profit 501(c)(3) corporation. Your contributions are tax-deductible to the full extent of the law. Thank you.



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## It is Breeding Season for Coyotes

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**Coyotes are an important part of our native ecosystem and are wild animals.** If you are attracting them to your yard – stop. Ultimately, this will become a problem for you and the coyote. Let them live their life as they should, wild and without our interference.

February and early March are breeding season for coyotes. Pups are born approximately 60 days later in late April or May. Coyotes will be more active in February and early March so you may hear more howling and see more activity.

If you don't want coyotes in your yard do not provide an "attractive nuisance." This would be any food source, i.e., garbage, pet food, food compost, etc.; or a home source, i.e.,



wood pile, access points under porches or decks, holes in the ground, etc. If you see coyotes regularly in your yard make their visit uncomfortable, bang on pots, sound a horn, etc.

Pups are blind and helpless at birth and are covered with brownish-gray woolly fur. Their eyes open between 8 and 14 days of age. The young first come out of the den when

they're about 21 days old but don't remain outside for long periods until they are 5 or 6 weeks of age. Both parents care for the young, especially after they're weaned. Hunting short distances from the den (usually 3 to 5 miles), the parents kill and eat what they catch, then regurgitate it for the pups when they return. The pups begin to learn to hunt for themselves when they are 8 to 12 weeks old. The family usually moves away from the den about this time, and often breaks up in late summer or early fall. After they leave their parents, some young may move up to 120 miles away in search of their own living space.

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### WILDLIFE SAFETY PRECAUTIONS

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Living in Lake County, you've probably seen deer, fox, coyotes and other wildlife in close proximity to your home. Due to the loss of habitat by development, some wildlife can be seen within residential communities. For the safety of you and your pets, the Lake County Health Department/Community Health Center and the Lake County Forest Preserves recommend the following:

- Do not feed wildlife.
- Keep pet food and water dishes inside.
- Turn on outside lights, make noise and observe the area for any sign of wildlife before letting your pets outdoors.
  - Supervise pets and children when outdoors and keep dogs leashed when not in a fenced yard.
  - Don't allow spilled birdseed to accumulate outside of bird feeders.
  - If possible, do not keep garbage cans outside. Or, use sturdy cans and keep the lids securely fastened.

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## Gypsy Moth Management Program for Residents

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Residents can actively control the gypsy moth on their property by working with their private tree care company to develop a management plan. This management plan should include:

**Completing an early spring egg mass inspection of your property.** Egg mass inspections must be done prior to the hatch that is usually mid May depending on spring weather conditions. Inspections should include trees, structures, vehicles, trailers, firewood piles, and patio furniture. You should report your observations to Village Hall.

**Removing and disposing of egg masses or spraying egg masses that have been identified.**

**Monitoring the status of the caterpillars as they develop to adults.**

**Taking action as necessary such as tree banding with burlap.**

**Inspecting the property again in mid to late summer to observe adult insect activity and egg laying activities.**

Residents that do not currently have a private tree care company can check these web sites:

- Illinois Arborist Association ([www.illinoisarborist.org](http://www.illinoisarborist.org))
- International Society of Arboriculture ([www.isa-arbor.com](http://www.isa-arbor.com))

Residents that hire a private tree care company should be sure that the company has:

- Certified arborists
- Spray applicators that are licensed by the State of Illinois
- Insurance
- References

For more information, check the Village website at [www.villageofriverwoods.com](http://www.villageofriverwoods.com)



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### Arriving this Spring: The Great White Trillium

*(Trillium grandiflorum)*  
These beautiful white woodland flowers are the showiest spring blooms in Riverwoods. In late April and early May they blanket acres of the woodland floor. Unfortunately they are a favorite of deer, and the large drifts that once filled the woods are generally seen along busy roads or within protected areas.

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## Dear Plant Ladies

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By the Plant Ladies, Sheila Hollander and Margie Kaul

*Here it is mid-winter, and I am overwhelmed by the many pruning tasks that my woodland landscape needs. Can you help to simplify this for me?*

Yes, we certainly understand the pressure you may feel so we recommend the following guidelines for tree pruning:

Peruse your property yearly and set up priority maintenance tasks.

High on your list should be hazardous trees or branches. This includes diseased or dead trees such as Ash, Elm and Oak which are all suffering from drought and insect damage over the past several years.

Call the Village Hall and request an appointment with the Village Forester or call a certified arborist to walk through your property and make pruning recommendations.

Oaks and Elms need to be pruned during the dormant season, before they begin actively growing. That is now.

Evergreens are best pruned in the summer. Other trees can be pruned mostly all year.

*I have overgrown Viburnum shrubs that have either flopped to the ground or have undergrowth that needs thinning. Can these overgrown shrubs be saved?*

Because growing conditions change, start by determining whether the flopping plant needs replacing or relocating, if the latter is possible. Maybe it is growing in too much shade. But if the plant flopped because it became too large, this Viburnum will benefit from rejuvenation pruning.

*What is rejuvenation pruning?*

It means cutting all stems back to 4-6 inches from the ground. This is best done in late winter or early spring. The stems will resprout, and in two or three years, you will have a handsome shrub once again.

*What kind of pruning do my other Viburnum need, the ones that have tall stems and dense undergrowth?*

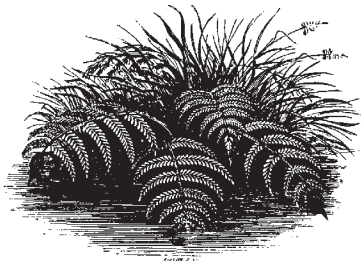
These Viburnum need less drastic renewal pruning. Immediately after the shrub flowers, remove dead stems and suckers. Then prune out one-third of the oldest stems. Continue this process for three or four years.

*After rejuvenating or renewal pruning, how do I maintain these shrubs?*

Begin pruning only as needed to maintain the right size and shape. Shorten selected branches by cutting them back to an outward-facing bud or lateral branch, and remove suckers from the crown.

*Someone advised me not to prune shrubs in fall. Is that correct?*

As a general rule, this is good advice. Pruning some



shrubs in fall may remove flower buds before they get a chance to open in the spring. Prune spring-blooming shrubs like Rhododendron, Lilac and Forsythia within two weeks after flowering.

*What about shrubs that bloom in the summer like Hydrangea?*

Shrubs that bloom from late June through August typically flower on new wood that is produced the same year. Prune these shrubs when the plants are dormant in late winter or before they begin to set their buds.

Generally, our philosophy is that it takes a lot to improve on nature. We belong to the "if it ain't broke, don't fix it" school of pruning. Regarding shrub pruning and especially for young shrubs, prune to maintain a shrub's natural size and shape, and you can't go far wrong.

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## Riverwoods Book Club

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By June Melber

The next meeting of the book club is Friday, March 19 at 10am at the Village Hall. We will be discussing **Shanghai Girls** by Lisa See. The April selection will be chosen at this meeting, as will the next meeting date. For information about future dates and selections please call or email June Melber at 847- 940-7086 or argos501@aol.com.

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## One Book, One Zipcode

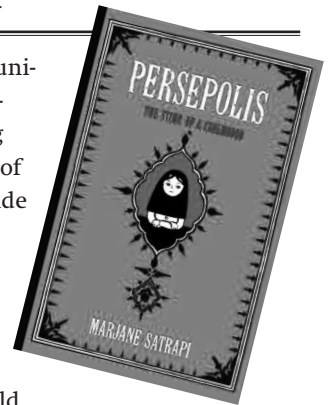
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The Chicago suburban communities of Deerfield, Bannockburn and Riverwoods will be reading and discussing Marjane Satrapi's *Persepolis: The Story of a Childhood* as part of a community-wide reading program in the spring of 2010.

Community-wide reading programs like "One Book, One Chicago" are becoming popular across the country and around the world. Three years ago, representatives from Deerfield, Bannockburn, and Riverwoods began planning our first One Book program. The title "One Book, One Zip Code" reflects our desire to include everyone in the 60015 in this exciting community of readers.

Our first selection was *Mountains Beyond Mountains* by Tracy Kidder. In 2009 we discussed *Listening Is an Act of Love* edited by Dave Isay. Our 2010 "One Book, One Zip Code" selection is *Persepolis: A Story of Childhood* by Marjane Satrapi. This award-winning graphic novel explores the world changing events of 1980s Iran and the Islamic Revolution that has shaped our world for the last 30 years.

In February and March 2010, "One Book, One Zip Code" partners will provide readers with opportunities to come together at locations throughout the community for discussions, lectures, and films related to the book. Representatives from Deerfield High School, Deerfield Public Library, Patty Turner Center, and the Villages of Deerfield, Bannockburn, and Riverwoods planned all of this year's "One Book, One Zip Code" programs and events.





## Riverwoods BBQ, Cleanup Day and Plant Sale

**The Village's annual Clean-Up Day, BBQ and Plant Sale will be held on Saturday, May 22nd.**

All residents are invited to join in the fun at Village Hall. The Plant Committee will be conducting the BBQ and Plant Sale, and the Riverwoods Preservation Council will be coordinating the roadside Cleanup Day in concert with the Village. Also Orphans of the Storm animal shelter will be on site to introduce you to a few great dogs that will be looking for forever homes. This annual event is great for the entire family. So plan to come on out, get to know (or reacquaint yourself with) your neighbors, enjoy some barbecue and pick up some beautiful plants for your yard.

Just a note: All plants are pre-ordered (although there are always some extras to sell). Watch for the plant sale catalog and order sheet to arrive in your mail box sometime in April. The catalog will have photos and full descriptions of all available plants. These plants with photos and full descriptions will also be posted on the Village website with an order form you may print out.

For additional plant sale information or to volunteer, contact these members of the plant sale committee: Sheila Hollander 847-945-4879 or Betty Dlouhy 847-945-1255.

To participate in Cleanup Day, please contact Laurie Breitkopf at 847-945-7034 or laurelbreitkopf@comcast.net.



## Riverwoods Senior Program

**Come join your senior neighbors for our first 2010 meeting at the Village Hall on Wednesday, March 17th at 1:30 pm.**

Our guest speakers will be a glass artist who will explain and display the art of blowing glass, and our second attraction will be Riverwoods Police Officer Miciareillo who will introduce himself and discuss his assignment and interest in working and helping our Seniors.

For more information contact Shirley and Howard Patterson, at 847-945-9281, or email: [snhpatterson@comcast.net](mailto:snhpatterson@comcast.net).

IN MEMORY OF LORRAINE K. LANG

Early this year Riverwoods lost a special resident. Lorraine K. Lang called Riverwoods home for most of her life and was a former dedicated employee at Village Hall for many years. Lorraine enjoyed traveling, golfing and cherished her many close relationships. She always had a smile and we will miss her. 1923-2010.

## Save the Date



ORPHANS OF THE STORM® ANIMAL SHELTER

**2010 Annual Benefit Dinner  
Monday, April 26, 2010**

Marriott's Lincolnshire Resort  
5:30-9:00pm  
Cocktails - Silent Auction - Dinner

For more information or to make your reservation contact Donna Heggie at 630-567-7240 or visit [www.orphansofthestorm.org](http://www.orphansofthestorm.org)

*Orphans of the Storm® animal shelter is the final refuge for thousands of stray and abandoned dogs and cats throughout northeastern Illinois each year. The shelter is committed to offering the finest in care and individual attention with a final goal of placing each and every animal into a warm and loving adoptive forever home.*

**[orphansofthestorm.org](http://orphansofthestorm.org)**

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**Riverwoods Village Voice**

300 Portwine Road  
Riverwoods, Illinois  
60015-3898  
847-945-3990  
Fax: 847-945-4059  
VillageofRiverwoods.com

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## Deer Provide Hope

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By Dianna Johanson

(as printed in the Deerfield Review)

I have lived in the Meadowbrook area for 16 years and, aside from the yearly fawns, only once have I ever had a buck visit my yard. It was the day after I buried my son. While lost in sadness, I looked up to see a huge buck slowly taking a stroll past my picture window. Any slower and he'd be standing still.

Considering the greatest loss I was feeling, I have no doubt that beautiful buck materialized for a reason ... and that reason being: "A Special Gift Sent From Above." For as soon as I saw him, my sadness was replaced with total awe at this beautiful site and my thoughts were replaced with "God sure works in strange ways!" I was left with a feeling that words can't describe.

I've been enjoying quite a show in my yard with these two and their mates. How fortunate we are to be able to experience one of nature's truest beauties firsthand. And they are beautiful...



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## Riverwoods Residents Association

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Riverwoods Residents Association (RRA) forms a support network within our Village. RRA is made up of volunteer residents who care about making their community the very best it can be. Membership is \$25 per family and includes two vehicle stickers. Mail your check to RRA, P.O. Box 341, Deerfield, IL 60015.

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### MEMBERSHIP FORM

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Please include me as an RRA member.

Name

---

Email

---

Phone

---

Address

---

# of extra stickers at \$5 each

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Amount Enclosed